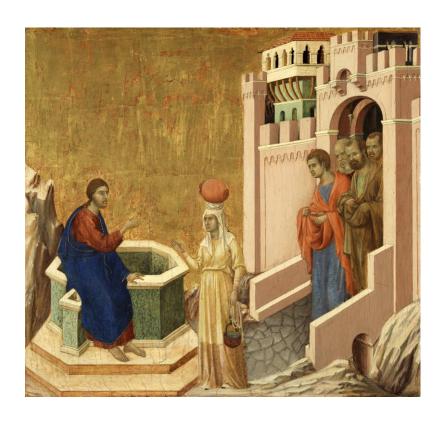
Pre-Lent Quiet Morning

Saturday Ist March, I0am-3pm At St. Clement, Urmston



Drawing living water from the well

Come to all or part of the day

Morning Prayer

10.00am

	6 /
10.20am	Reflection I—Jesus at the well (John 4)
10.30am	Space for quiet prayer (resources available);
11.00am	Refreshments
11.20am	Reflection 2—Jesus the well (John 4)
11.30am	Space for quiet prayer (resources available)
12noon	Midday Prayer
12.15pm	Lunch (bring a packed lunch)
1.00pm	Reflection 3—When the well seems dry
1.10pm	Space for quiet prayer (resources available)
1.40pm	Eucharist
2.10pm	Reflecting on the Word
2.40pm	Mid-afternoon prayer
3.00pm	Depart