

# Pre-Lent Quiet Morning

Saturday 1<sup>st</sup> March, 10am-3pm

At St. Clement, Urmston



## ***Drawing living water from the well***

*Come to all or part of the day*

- 10.00am Morning Prayer
- 10.20am Reflection 1—Jesus at the well (John 4)
- 10.30am Space for quiet prayer (resources available);
- 11.00am Refreshments
- 11.20am Reflection 2—Jesus the well (John 4)
- 11.30am Space for quiet prayer (resources available)
- 12noon Midday Prayer
- 12.15pm Lunch (bring a packed lunch)
- 1.00pm Reflection 3—When the well seems dry
- 1.10pm Space for quiet prayer (resources available)
- 1.40pm Eucharist
- 2.10pm Reflecting on the Word
- 2.40pm Mid-afternoon prayer
- 3.00pm Depart